

## Study Guide for Healthy Childcare®, Volume 15, Issue 2

*Training certificates will be mailed ONLY if you include a stamped, self-addressed envelope. Mail to Healthy Childcare, PO Box 624, Harbor Springs, MI 49740*

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### Medicine Chest: Addressing Hygiene Issue

What are some signs of poor hygiene?

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What kinds of health problems can come from poor hygiene?

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Why might a family have poor hygiene?

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What kinds of supplies can be sent home with families?

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How can you support families?

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How can you address parents about their child's hygiene?

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If parents appear to not understand the importance of hygiene, how can you help?

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What does the CFOC recommend for teaching these topics?

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What are two books that can introduce these topics?

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What should you do if you suspect the hygiene issues are neglect?

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**Sickness & Health: Homelessness & Childcare**

How many children under age five may have spent a night in a shelter? Does this surprise you?

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What can contribute to homelessness?

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What kinds of sickness might occur in homeless children?

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How much more likely do homeless children have emotional problems vs children with homes?

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What are some steps childcare can do to help these families?

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Do you know if your state participates in the McKinney-Vento Homeless Assistance Act?

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What must states do who participate in the act?

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What does PEACH stand for?

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What topics might be covered in a staff training session on homeless children?

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Who can you contact for information on how to help homeless children?

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**Nutrition Action: Nutrition & Oral Health**

At what age should children first have an oral health assessment?

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At what age should they first see a dentist?

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What types of foods can cause damage to teeth?

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What does the American Academy of Pediatrics recommend regarding juice?

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How long should you wait after eating acidic foods before brushing teeth?

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What does the AAP recommend be done after feeding infants?

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Why should pacifiers be regularly cleaned?

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How can water types impact teeth?

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What is the AAP's recommendation for water use when making formula?

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Where can you find low or no cost dental supplies to send home?

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**Safety First: Lead Safety**

How many children under age 6 might be impacted by lead poisoning?

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What change did the CDC make in recommended lead levels?

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What is the primary cause of elevated blood levels of lead in young children?

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What are three other sources of possible lead contamination?

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How might children be exposed to lead?

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What are three symptoms that can show in children exposed to lead?

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By what age should children be tested for lead poisoning?

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What steps will take place if a child has high lead levels?

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How can lead poisoning be treated?

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What should you do if you suspect that a child in your has lead poisoning?

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